

## Whetstone Dairy Free Menu 2019/20

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Dairy Free Pizza <i>use Bidfood Dairy Free Cheese</i>	Linda McCartney Sausage <i>No Yorkshire</i>	Roast Lunch with Gravy	Sausages	Selection of Fish
Carbs & Vegetables	Baked Beans Sweetcorn Broccoli	Baby Potatoes  Peas Carrots Baked Beans	Roast & Creamed Potatoes <i>only use Kerrymaid to cream down</i> Carrots Broccoli	Diced Potatoes Wholemeal Pasta  Baked Beans Peas	Chips Jacket Potatoes  Peas Sweetcorn Baked Beans
Puddings	Cookie	Vegan Muffin	Vegan Muffin	Selection of Shortbreads	Fresh Fruit Salad Fruit Platter Fruit Jelly

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Dairy Free Pizza <i>use Bidfood Dairy Free Cheese</i> Hot Chicken Wrap	Cowboy Pie	Roast Lunch with Gravy	Beef Bolognese	Selection of Fish
<b>Carbs &amp; Vegetables</b>	Sweetcorn Baked Beans Green Beans	Baked Beans Peas	Roast & Creamed Potatoes <i>only use Kerrymaid to cream down</i> Carrots Broccoli	Spaghetti  Sweetcorn Baked Beans	Chips Rice  Carrots Peas Baked Beans
<b>Puddings</b>	Vegan Muffin	Cookie	Vegan Muffin	Cookie	Fresh Fruit Salad Fruit Platter Fruit Jelly

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Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Choice</b>	Meatballs in Freshly made Tomato Sauce  Dairy Free Pizza <i>use Bidfood Dairy Free Cheese</i>	Breaded Chicken Breast Steak	Roast Lunch with Gravy <i>No Yorkshire</i>	Sausages	Selection of Fish
<b>Carbs &amp; Vegetables</b>	Penne Pasta  Baked Beans Peas	Jacket Wedges Garlic & Herb Pasta  Broccoli Sweetcorn Baked Beans	Roast & Creamed Potatoes <i>only use Kerrymaid to cream down</i> Carrots Cabbage Cauliflower	Diced Potatoes Wholemeal Pasta  Sweetcorn Carrots Baked Beans	Chips Rice  Peas Baked Beans
<b>Puddings</b>	Apple Flapjack	Chocolate Brownie	Cookie	Vegan Sponge	Fresh Fruit Salad Fruit Platter Fruit Jelly

