

Whetstone Field Primary School

PHSE Policy 2017 - 2018

Introduction

Personal, social, health education (PSHE) equips children with knowledge, understanding, attitudes and practical skills to live healthy, safe, productive, fulfilled, capable and responsible lives. PSHE provides a focus on the personal aspects as well as focuses on the wider aspects of living in a community.

During PSHE children are encouraged to reflect on and clarify their own values, attitudes and feelings and explore the complex and sometimes conflicting range of values and attitudes they encounter now and in the future.

Aims

Through our PSHE curriculum, we aim that our pupils will:

- develop spiritually, morally, socially and culturally;
- develop self-confidence and self-responsibility;
- value themselves and others;
- acknowledge and appreciate difference and diversity;
- be independent, responsible and active members of the school and the local community;
- learn to make informed choices;
- be prepared to be positive and active members of a democratic society;
- understand what constitutes a safe and healthy lifestyle;
- develop the ability to form good relationships;
- understand and manage their emotions;
- have opportunities to consider issues which may affect their own lives and/or the lives of others.

Content

Early Years Foundation Stage

PSHE is encouraged through the 'Personal, Social and Emotional Development' curriculum.

PSHE is about making connections and is strongly linked to play. PSHE is taught through activities that are part of topics, as well as on an individual basis to develop personal skills such as dressing, feeding and toileting. Positive experiences are built through daily opportunities to share and enjoy a range of different activities. The children are given the opportunity to engage in social activities, as members of a small group or occasionally during whole school activities.

KS1 and KS2

The curriculum is covered over a 2 year cycle. The chart below shows the different areas the children will be taught. During the teaching, the content is age appropriate and adjusted to ensure that it is suitable to all year groups.

During this academic year (2017-18)

Years 1, 3 and 5 will be following Year A

Years 2, 4, and 6 will be following Year B

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year A Yrs 1, 3, 5	WE'RE ALL STARS! <ul style="list-style-type: none"> Community Rights and responsibilities Getting to know each other Working together 	BE FRIENDLY, BE WISE <ul style="list-style-type: none"> Making & sustaining friendships Conflict resolution Anti-bullying Keeping safe at home and outdoors 	LIVING LONG, LIVING STRONG <ul style="list-style-type: none"> Growing & caring for ourselves; Valuing difference & keeping safe; Puberty Healthy eating and exercise Goal-setting & motivation 	DARING TO BE DIFFERENT <ul style="list-style-type: none"> Identity & self esteem Difference & diversity Peer influence & assertiveness 	DEAR DIARY <ul style="list-style-type: none"> Comfortable & uncomfortable feelings Problems in relationships Anti-bullying Help and support 	JOINING IN AND JOINING UP <ul style="list-style-type: none"> Needs and responsibilities Participation Local democracy Voluntary groups Fund-raising activities
Year B Yrs 2, 4, 6	IT'S OUR WORLD <ul style="list-style-type: none"> The wider community and local democracy Rights and responsibilities Environmental awareness & sustainability issues 	SAY NO! <ul style="list-style-type: none"> Drugs Education: medicines and legal drugs Drugs Education: illegal drugs and risk-taking behaviour Feeling safe Anti-bullying 	MONEY MATTERS <ul style="list-style-type: none"> Understanding finance and money Shopping & budgeting Risk and debt Goal-setting and motivation 	WHO LIKES CHOCOLATE? <ul style="list-style-type: none"> Fair trade Globalisation Inequalities Hunger and poverty Media and stereotyping 	PEOPLE AROUND US <ul style="list-style-type: none"> Global citizenship Different identities around the world Challenging prejudice Support networks – relationships and families 	GROWING UP <ul style="list-style-type: none"> Differences; Growing up; Puberty & reproduction Managing change Preparing for transition